



## LIFE RESOURCES PROGRAM

**Confidential**

Counseling • Advising • Concierge

# TAKE ADVANTAGE OF CONFIDENTIAL COUNSELING, ADVISING, AND CONCIERGE SERVICES FOR YOU AND YOUR FAMILY.

### New Name. New Website. More Support.

UCI cares about you and your family. The Life Resources Program is a free, voluntary, completely confidential employee assistance program available 24/7 in multiple formats and languages to support all UCI and UCI Health employees, retirees, and their dependents. Previously referred to as the UCI Employee Assistance Program, the Life Resources Program continues to be provided by our partners at ComPsych GuidanceResources, and provides the support and resources you and your family need.

Visit the new program website, [liferesources.uci.edu](https://liferesources.uci.edu), to learn more and for additional information including live and on-demand webinars and program orientations, resource guides and toolkits, and support for managers and supervisors.

### Don't know where to turn?

Your Life Resources Program offers expert counseling, self-care tools, and an extensive library of resources to help you and your family overcome whatever obstacles you face at home or at work.

### Contact Life Resources Program

Available 24 hours a day, seven days a week.

**Call:** 844.824.3273

**App:** GuidanceNow

**Online:** [liferesources.uci.edu](https://liferesources.uci.edu)

**Web ID:** UCILRP



Emotional Support



Legal Guidance



Online support



Financial Resources



Work Life Solutions



Confidential Concierge

